

MERCY HEALTH

MAN UP!

MEN'S HEALTH EXPO

AUGUST 3, 2018



The **MAN UP!** Men's Health Expo is a guy thing, challenging men to know their numbers to prevent diabetes, high blood pressure and high cholesterol and to discuss mental and behavioral health. Health screenings include PSA (Prostrate Cancer Screen) mental and behavioral health, cholesterol and diabetes. Men will also learn their BMI (Body Mass Index) and how to keep their weight under control.

Join us, along with Heisman trophy winner, and College Football Hall of Famer, **Herschel Walker** for an evening of health and wellness...and fun.

To register, go to mercy.com/manup2.

WHEN

**Friday Aug. 3, 2018
5-8 p.m.**

WHERE

Mercy Health Headquarters
1701 Mercy Health Place
Cincinnati, OH 45237

EVENT DETAILS

Important Health Screenings
Complimentary Refreshments
Give Aways

Admission is FREE, but you must register in advance

Presented By



FIFTH THIRD BANK



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Keynote Speaker

Herschel Walker

Heisman trophy winner,
and College Football
Hall of Famer

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